

Contrast Circuit

120 minutos - 50€/person (groups of 4-8 people)

Guided tour where damp and dry spaces are combined with contrast of coldness and heat.

Thermal Pool

180 min. - 29€

Hydrothermal resort including a thermal mineral-medical pool.

Vichy Shower with a Honey Peel

35 min. - 2 hands 60€ / 4 hands 90€

Gentle exfoliation and very relaxing body massage under a medicinal mineral water shower.

The Art of Touch

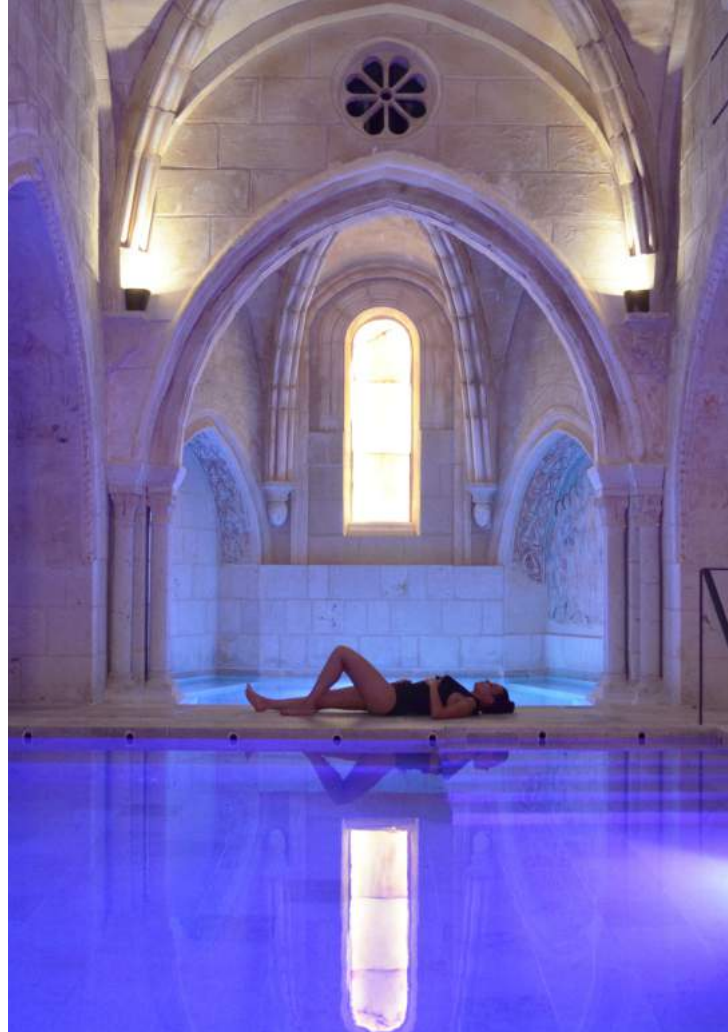
90 min. - 130€

A complete rebalancing programme for face and body composed of three steps devoted to the three energizing touches.

Massage with Aromatherapy

55 min. -70€

All over the body massage with aromatherapy.



Monasterio Massage

60 min. - 80€

Feel the atmosphere with our masseuses in a deep and soothing massage.

Body Peels of Castilla Termal

20 min. - 40€

We use 100% natural, exclusive scrubs made with mineral-medicinal water from our Sancti Spiritus Spring. Removes dead skin cells, cleanses the skin and allows it to breathe, providing luminosity and a healthy, uniform tone. Ideal as a phase prior to the application of body treatments and before and after sun exposure. Choose yours:

Revitalizing Citrus Scrub.

Moisturising Sea Salt and Flower Petal Scrub.

Antioxidant Salt and Grape Scrub.

Cocoa and Orange Scrub.

