

### **Contrast Circuit**

*90 min. - 33€/person (groups of 4-8 people)*

Guided tour where damp and dry spaces are combined with contrast of coldness and heat.

### **Thermal Pool**

*180 min. - 24€/persona*

Hydrothermal resort including a thermal mineralmedicinal pool.

### **Vichy Shower with a Honey Peel**

*35 min. - 2 hands 59€ / 4 hands 89€*

Gentle exfoliation and very relaxing body massage under a medicinal mineral water shower.

### **Massage on demand**

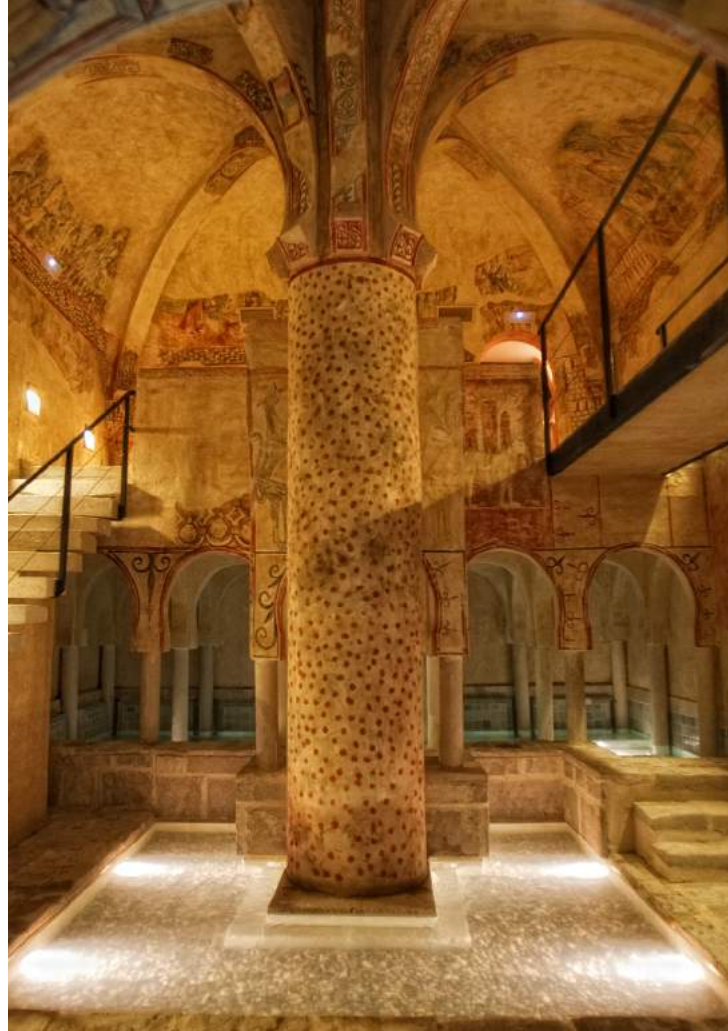
*25 min. - 39€*

Choose one part of your body for the treatment.

### **Total Relax massage**

*55 min. - 65€*

Full body massage which relaxes muscles and stimulates the blood circulation.



## **Shuka massage**

*55 min. - 72€*

Relaxing massage which combines Tibetan knowledge, harmonising body and mind with a gentle and aromatic massage which helps to recover the well-being.

## **Body Peels of Castilla Termal**

*20 min. - 34€*

We use 100% natural, exclusive scrubs made with mineral-medicinal water from our Sancti Spiritus Spring. Removes dead skin cells, cleanses the skin and allows it to breathe, providing luminosity and a healthy, uniform tone. Ideal as a phase prior to the application of body treatments and before and after sun exposure. Choose yours:

**Revitalizing Citrus Scrub.**

**Moisturising Sea Salt and Flower Petal Scrub.**

**Antioxidant Salt and Grape Scrub.**

**Cocoa and Orange Scrub.**

